

# NEWSLETTER

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## COSY SEASON CARE: SUPPORTING YOUR PET THIS AUTUMN

### Welcome!

As autumn settles in and temperatures begin to drop, it's a great time to check in on our pets' health and comfort.

Seasonal changes can affect everything from joints and skin to energy levels, especially for older pets.

In this edition, we're sharing a few simple ways to help your dog or cat stay comfortable and well as we head into the cooler months.

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### Joint Care as Temperatures Drop

As the weather cools, pets with stiff or sore joints may start to slow down, especially those 7 years or older as they have now reached the senior stage of their lives.

You might notice your dog **struggling when getting up after long periods of laying** or your cat **jumping less often** as cooler temperatures can make arthritis and joint discomfort more noticeable

Here are a few simple changes you can make to help:

- Gentle and regular exercise
- Warm bedding
- Maintaining a healthy weight
- Prescribed medications that release stress on joints

If your pet seems less comfortable than usual, early support can help keep them moving happily through the cooler months.



### Did you know?

We now offer free nurse consults!

If you're concerned about your pet's weight, allergies, dental health, or even mobility our friendly team of vet nurses are here to help answer your questions.

Call the clinic (03 8786 3900) to find out more and book an appointment!

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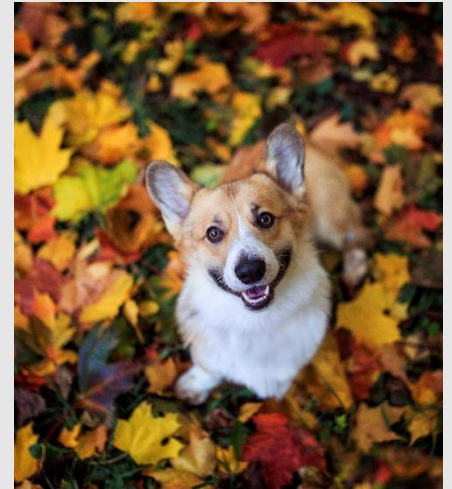
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## Autumn Allergies – Yes, They Still Happen!

Autumn doesn't always mean relief from allergies. Falling leaves, mould spores, grasses, and dust can still trigger itchy skin, ear infections, and paw chewing in both dogs and cats.

Some pets may also develop seasonal flare-ups as their immune system adjusts to changing conditions.

If your pet is **scratching more than usual, shaking their head, or licking their paws**, prompt treatment can help prevent minor irritation from turning into a bigger problem.



## **Quick Tip!**

**Dry paws = happy skin!**

Damp leaves and grass can irritate paws, so a quick wipe after walks can help prevent itching.



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## Senior Pet Care This Autumn

As pets enter their senior years, subtle changes can be easy to miss; signs may include **a little less energy, mild weight changes, or quieter behaviour**.

At Hallam Park Animal Hospital, we offer **FREE Senior Health Checks** with our friendly nurses.

This gentle check **includes a weight check, mobility assessment, and general wellbeing review**, helping us in spotting early signs of age-related changes and creating the perfect care plan for your senior pet.

To find out more call us on 03 8786 3900 or book online via our website [hallamparkvet.com.au](https://hallamparkvet.com.au)

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Thank you for reading!

Our issues are now released seasonally, but if you'd like to keep up to date with us more regularly be sure to follow our social media accounts for a variety of content including key dates and operating hours, photobooth fun, and behind the scenes!



@hallamparkanimalhospital



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